

Longwood Track Classic – Saturday April 2, 2022 – Longwood High School

Races start at 2:00 – Medals to top 4 in each event

Bus will leave SJB at 12:00pm – or arrive by the time listed for your first event

2:00pm DMR

100m High Hurdles: arrive by 1:00pm

1500m Run: arrive by 1:00pm

Hamel
5:29.37

100m Dash: arrive by 1:15pm

Herrera	Miller	Murphy	Barahona	Bonnett	Dieudonne	Perez
14.42	16.74	16.34	17.87	16.01	17.05	16.24
Quinn	Riquelmy	Espinal	Guerrera			
16.51 PR	14.75		13.63			

400m Dash: arrive by 2:00pm

Healy	Baloga	Cunningham				
77.97	79.66 PR	75.07 PR				

800m Run: arrive by 2:15pm

Erb	O'Hara	K.Hamel	Ryan	Slattery		
2:47	3:07	2:53	2:40	2:53		

400m Intermediate Hurdles: arrive by 2:15pm

200m Dash: arrive by 2:45pm

Healy		Baloga	Cunningham	Mathieu	Wanerka	
33.42		DNR?	32.43 PR	32.40	29.79 PR	
	Miller	Murphy	Barahona	Bonnett	Dieudone	
	36.46	34.36	37.55	34.29	36.04	
Perez	Quinn	Riquelmy		O'Hara		
33.77	34.63	31.65		35.95		

3000m Run:

4x800m Relay:

4x100m Relay:

4x400m Relay:

Herrera	Wanerka	Erb	Slattery	
72	72	68	68	4:42.82 5 ^h Place

Guerrera	K.Hamel	Ryan	O'Hara	
65	68	67	78	4:42.73 4 th Place

FIELD EVENTS

2:00pm Shot Put 30' and up – Shot Put 30' and under after

		Battcher	Franco-Sierra			
		21'1.5"	???			

2:00pm Discus 70' and under – Discus 70' and up after

Battcher	Franco-Sierra					
63' PR	???					

2:00pm Long Jump 15' and up – Long Jump 15' and under after

	Herrera	Matheiu	Guerrera	Riquelmy		
	FFF	13' PR	16'8 ¾" SJB Frosh Record	14'8 ½"		

Triple Jump 30' and up after all long jumps – Triple Jump 30' and under after

2:00pm High Jump starting at 4'2"

Wanerka	Erb					
4'4"	4'6" 5 th Place					